

Transitioning from CanSkate to STARSkate

What happens after CanSkate? →STAR 1 **May need to change skating time & days**

•Passed Stage 6



* How to Hire A Private Coach

• Visit our website at <u>https://www.uppercanadaskating.com/pag</u> <u>es/About-Us/Coaches/</u> to see a list of our coaches and their qualification.

• Obtain from our office a copy of our coaches' qualifications

• Contact the coach directly.

• Make sure that your coach is available on the sessions on which your child will be skating.

• You can expect private lessons to cost approximately \$9-15 for 15 minutes of a coach's time.

• Some coaches may deliver semi-private lessons with up to 3 skaters and prices will vary.

• Rates are determined by individual coaches.

STARSkate (Figure Skating) Program <u>STAR 1</u>

• 15 min. of skill lesson, 45 min. of group freeskate/dance lesson

- * Private Coach Optional
- Skate Canada Tests required to move up to STAR 2 are: STAR 1 Skills, STAR 1 FreeSkate AND STAR 1 Dance
 \$12/Test. Test fees are submitted to Skate Canada.



<u>STAR 2</u>

- 15 min. of skill lesson, 30 min. of group freeskate/dance lesson.
- MUST hire a Private Coach.
- Skate Canada Tests required to

move up to STAR 3 are : STAR 2 Skills, STAR 2 FreeSkate (Both Elements & Program) AND STAR 2a & 2b Dance. A total of 5 tests.

• \$12/Test. Test fees are submitted to Skate Canada.

<u>STAR 3</u>

• 15 min. of skill lesson, No other group lessons are provided.

- MUST hire a Private Coach.
- Will need to change skating day(s) and/or time.
- MUST communicate with private coach before making such changes.
- MUST achieve all the required test to move up to STAR 4.